

2022 Proposed Race Schedules - Chris Moore

Old Birds

Race Date	Race Point	Miles	Km
April 30	Hope Slide (elevation 1985 meters)	60	95
May 7	Sunday Summit (elevation 1284 meters)	90	145
May 14	Cawston (elevation 365 meters)	130	210
May 21	Greenwood (elevation 770 metres)	190	300
May 28	Paulson Summit Rest Stop (elevation 1450 meters)	220	355
June 4	Kitchener (Kidd Creek Rest stop 880m)	300	485
June 11	No race		
June 18	Sparwood (elevation 1140 metres)	350	550
June 25	No race		
July 1	Lethbridge (elevation 910 metres)	450	700

2022 Young Birds

Race Date	Race Point	Miles	Km
August 9	Rosedale training toss (Tuesday)	45	70
August 13	Hope Slide (elevation 1985 meters)	60	95
August 20	Sunday Summit (elevation 1284 meters)	90	145
August 27	Cawston (elevation 365 meters)	130	210
September 3	Greenwood (elevation 770 metres)	190	300
September 10	Paulson Summit Rest Stop (elevation 1450 meters)	220	355
September 17	Kitchener (Kidd Creek Rest stop 880m)	300	485